

Almond Vanilla Chia Seed Pudding

<http://userealbutter.com/2017/03/19/almond-vanilla-chia-seed-pudding-recipe/>
from *Daily Burn*

1/2 cup chia seeds
2 cups almond milk, unsweetened
1-2 tbsps honey
1/2 tsp vanilla extract

Stir all of the ingredients together. Refrigerate covered overnight (or at least an hour). Stir before serving. Serve with fruit, nuts, or other toppings. Refrigerate for up to 5 days. Makes 4 cups.