

## Fall Fruit and Yogurt Salad

<http://userealbutter.com/2011/12/22/fall-fruit-yogurt-salad-recipe/>

1 cup apple, large dice

1 cup pear, large dice

1 cup grapefruit, peeled and broken into bite-size pieces

1 cup honey yogurt (or plain yogurt with honey or maple syrup or whatever you like)

1/2 cup pomegranate seeds

1/2 cup roasted pepitas (pumpkin seeds)

Place the apple, pear, and grapefruit in a serving dish. Spoon the yogurt over the fruit. Top with pomegranate seeds and pepitas. Serves 4.