

Piña Colada Sorbet

<http://userealbutter.com/2013/07/24/pina-colada-sorbet-recipe/>
from [Skinny Taste](#)

3 cups (18 oz.) fresh pineapple, peeled, cored, and chopped into chunks
3/4 cup coconut milk (mix it up well before measuring)
1/2 cup sugar
1 tbsp dark rum (optional)

Place the pineapple, coconut milk, sugar, and if using, the dark rum, into a blender. Blend everything together until uniform. Pour the piña colada into your ice cream maker and churn according to the manufacturer's directions. Empty the sorbet into a container and freeze. Makes 1 quart.