

Quinoa, Fruit, and Nut Salad

<http://userealbutter.com/2008/01/21/quinoa-fruit-nut-salad-recipe/>

1 cup quinoa
2 cups water
dash salt
plain yogurt (I use non-fat)
honey
fruit, washed, peeled, diced
chopped walnuts

Rinse the quinoa for a minute or two under cold water. Bring the quinoa, 2 cups of water, and salt to a boil in a saucepan. Reduce to simmer and cover. Cook for about 20-25 minutes until tender. Spoon 1/2 cup of quinoa into a bowl. Top with fruit and plain yogurt (the amounts are up to you). Drizzle honey over the salad and top with chopped walnuts.