

Tostada

<http://userealbutter.com/2012/01/03/tostada-recipe/>

1 small head romaine lettuce, shredded
1-2 medium tomatoes, diced
2 tbsps black olives, sliced
2 tbsps dressing of your choice (I like [this dijon vinaigrette](#))
1 corn tortilla, fried
2-3 tbsps refritos (refried beans), warmed
1/4 avocado, pitted and diced (or spoonful of guacamole)
1-2 tbsps cheddar cheese, shredded or queso blanco, crumbled
1-2 tbsps salsa

Place the lettuce, tomatoes, and olives in a medium bowl. Drizzle the dressing over the vegetables and then toss to evenly coat everything. Set the fried corn tortilla on a plate and spread the refritos evenly over the tortilla. Pile the salad over the refritos. Sprinkle the avocado and cheese over the lettuce. Top with a dollop of salsa. Serves 1.